

*"DAUGHTER'S RETURN"*

A TESTIMONY TO THE FACT THAT  
**GOD LOVES ME (AND YOU)**

## God needed 1 second to save me

THIS IS A SUMMARY OF MY FIGHT. TESTIMONY OF MY CONVERSION. MAYBE IT CAN HELP ONE OF YOU.

I am probably just like most of you. As a child, I lived by ideals and trusted people completely.

As a teenager, I noticed that the world did not strive for perfection at all. I rebelled against what it was like. I told adults what it should be like, what I didn't like about this world, what should be changed in this world. My faith was reduced to attending the Sunday mass. I tried to stick to the Ten Commandments and not hurt other people. And that was it. I'd heard many theories about God, but I never noticed his influence on my life. I often asked God about various things, but I did not hear any answer from Him.

At an older age, whatever plans I made for the future, nothing worked. I looked around at my friends and saw that they were getting along. Whatever they wished for, it was all coming true for them. And me, if I thought or talked about my plans one day, the next day suddenly there would be ten different obstacles stopping them from ever happening. On the other hand, when I didn't want something, it would happen. I realized I had no influence on my life. You get a life just like any other person and you can't do anything about it. It was a nightmare at the time. Now, in retrospect, I understand that it was not a curse, but a blessing. God was in my life through all of that. All these events have led me to the present day, the time of the greatest joy and happiness in my life. But then it was unbearable.

I felt like a zombie, I was kind of alive, but I was looking at life from a distance, as if someone else was in charge of it. There were problems in the family and with friends. Every new person in my life was a cause of suffering. I was starting to become afraid of people. I turned away from almost all of my friends and I didn't want to make new ones. I asked God why it all was happening to me, but I didn't hear an answer. I started to think he couldn't see or hear me. I thought God didn't notice I was born. I started to think I was some kind of a mistake in the system, that God didn't register my birth in the records. It was hell. You breathe and you think, but it's like you don't have the right to your own life. So I stopped trying to do anything. I figured I'd wait quietly to die. And with that in mind, for a few years I would wake up every day hoping that today would be the end of this anguish. I was impatient and rebellious against everyone and everything. I'd had enough of everything. Every night I had horrible dreams. I stopped talking to God and going to church at all. I thought He was the God of other people, but not mine. I started thinking about apostasy. And then I got an answer from him.

08-12-2017 (Friday evening - Hour of Grace Day, which I had no idea about at the time)

A call from Mom about J. - brain tumour

Getting down on my knees to pray.

I said the following prayers:

Lord's Prayer, Hail Mary, Apostles' Creed, Beneath Thy Protection, Prayer to the Guardian Angel, Litany of Loreto of the Blessed Virgin Mary, Prayer to Our Lady of Lourdes, Prayer of John Paul II to the Lady of Lourdes, Prayer for families to Our Lady of Lourdes, Prayer to Our Lady of Lourdes, Litany to Our Lady of Lourdes, Prayer in grievous distress to Judas Thaddaeus, Daily Prayer for protection to Judas Thaddaeus, Prayer to St. Judas Thaddaeus, Thanksgiving Prayer to St. Judas Thaddaeus, Litany to St. Judas Thaddaeus, Prayer to St. Rita, Litany to St. Rita, the daily Chaplet prayer of Father Pio, Prayer to Our Lady of Gietrzwałd, Novena to Our Lady of Gietrzwałd, Litany to Our Lady of Gietrzwałd, Prayer to receive grace through the intercession of the Servant of God Sister Stanisława Barbara Samulowska.

09-12-2017 (Saturday)

Prayer all day until night.

10-12-2017 (Sunday)

Mass for the success of J.'s surgery

### **Confession after 2 years of not going to church**

Prayer from about 8:00 PM to 2:00-3:00 AM on the night from Sunday to Monday.

11-12-2017 (Monday)

J. operated at the Children's Health Centre

After work prayers until late at night.

12-12-2017 (Tuesday) - 18-12-2017 (Monday)

Continuation of prayers after work until late at night.

19-12-2017 (Tuesday evening)

**THE DAY OF THE MIRACLE IN MY LIFE** (the events of that day were written down by me on 20-12-2017 so that I would never forget them)

*"20-12-2017 at 10:33 PM (Wednesday)*

*Yesterday I received from our client, Ms H.L., oil from Loretto - miraculous oil from the village where Our Lady appeared. (I mistook the name of the place here and mistakenly thought that Our Lady revealed herself there, but now I know that the village is correctly named Loreto and it features the Holy House from Nazareth - the house where the Blessed Virgin Mary lived). I want to give it to M. and P. for J. After work I called P. to inform him that I had managed to get that oil. I wanted to ask him when I could come over to give them that oil. P. asked if Dad would be home for Christmas Eve dinner.)...] We finished the call. I was very moved and decided to call my mum to warn my parents that P. really wanted dad to be there. [...] Mom said [...] that she was going to the retreat, but she probably wasn't going to go, because she probably wasn't going to make it in time. It was 6:23:55 PM when I told her to go to the retreat, because we had to fight for J., because he can't fight himself, he couldn't do it. We finished the call. Mom said she'd go to church then.*

*P.'s words and my mother's reaction, full of resignation, had such a strong effect on me that I burst out crying. I begged God, Jesus, Mother of God and all Saints for mercy, for ourselves and for J. I walked in circles around the room and bathroom.*

*At one point, when I walked into the room and crossed the threshold, I experienced an incredible feeling. Everything happened literally in one second. It was as if someone had poured total peace and calmness into me from above, a blissful relief embracing my body and soul, my thoughts, an incredible and all-encompassing joy. All the anxiety, stress and tension "flew out" of me in one second. Only bliss, relief, peace and joy remained. I had just been crying tears of sorrow and saying the words: God have mercy on us, Merciful Jesus, have mercy on us, but now I had tears of joy in my eyes, a big smile on my lips, and I was saying: "Thank you, Lord", "Praise you, Almighty God, now and for eternity", "Praise you, Almighty God, Merciful Jesus, Mother of God, Holy Spirit and all Saints". I couldn't stop this explosion of joy. She was just "pouring out" of me, pressing on my lips. For the next half hour to an hour I could not stop thanking God and praising Him. That act of grace happened to me between 6:30 PM and 7:00 PM on 19-12-2017. It was incredible.*

*Finally, I realized that someone in heaven had heard my cries and sorrows and showed mercy to me. At that moment, I just didn't understand what was going on. What it all meant. Did it mean that a miracle was being performed (because I had prayed for the miracle of healing J.), or was it the moment when my prayers reached God, or did it just mean that I shouldn't worry? The smile didn't come off my face. In this blissful relief I fell asleep like a child, with the TV on, with the light and the computer on. I woke up about 2:30 AM at night. I turned off the TV and computer, prayed and went to sleep with a smile on my face. I felt like J. was going to be okay.*

*I don't know who from the heavens visited my little apartment on the 11th floor. Whether it was Jesus Christ or the Holy Spirit, or perhaps Our Lady of Loreto, whose holy oil I had at home. I know one thing. I can compare what happened to me to seeing a UFO. Suddenly, my perception of this world and the invisible world changed. At a time like this, a person changes their outlook and priorities. It changes what is at the centre of existence in the universe.*

*One is able to see clearly again. One can see that **all that matters is love and concern for people**. Nothing else is worth anything.*

*God, it's amazing what happened to me. It was so unusual, out of this world. Total peace, bliss, joy. I couldn't stop laughing through tears, praising God and thanking Him. Words were just flowing out of my mouth. Now it is 20-12-2017 at 11:22 PM, and I still feel total peace, no tension in my muscles, bliss in my soul. I feel as if my soul and body were bathed from the outside and from the inside in a source, I just don't understand what*

source. Maybe mercy, maybe divine mercy. I feel like all the dirt in the nooks and crannies of my soul has been "washed out". I feel clean. Almighty God thank you forever. God, it's amazing, it's unique, it's out of this world, it's wonderful. Oh, God, thank you.

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**GOD IS LOVE (IN ITS ENTIRETY AND WITHOUT LIMITATION)**

**JESUS IS THE TRUTH AND LIGHT AND LIFE.**

**THE ONE AND ONLY TRUE TRUTH,**

**THE LIGHT**

(ILLUMINATING THE DARKNESS OF LIE, SIN AND OUR "AMNESIA"  
ABOUT OUR SELF-AWARENESS OF WHO WE ARE AND WHERE WE ARE GOING  
(PARADISE\* IS OUR DESTINY, CREATED FOR US))

**AND LIFE**

(IN PARADISE\* WE WILL LIVE A TRULY ETERNAL LIFE,  
WHICH HAS ALWAYS BEEN OUR DESTINY SINCE THE CREATION OF THE WORLD).

\*when I wrote "Paradise", I meant the Kingdom of Heaven

*IT'S what I felt in THAT moment.*

*I thank the Lord for letting my heart and mind know this truth".*

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**As I stood at the abyss of spiritual hell, one second of Grace changed me.**

***Being faced with such love, holy, holy, holy God, who is Love, it gets to you in all its brightness that you have been a sinner for years.*** After this experience, you start thinking about yourself: "Who I am to judge others. I am just as big a sinner, or even worse". You don't have the nerve to judge others anymore. You think: "My dear Dad has forgiven me for so many bad things over the years, so how can I not forgive someone who may be a lesser sinner than I am?".

***I thought about it a lot and came to a conclusion that the whole avalanche of events was initiated by going to confession.***

***It was enough that after about 2 years of a total breakup in my relation with God I went to confession. I reached out a finger to Him, and He - the Father who had been waiting for me - grabbed my whole hand and pulled me towards himself. I had an impression that the medicine he served me was like a cure for my spiritual cancer. Like a "tailormade" treatment perfectly adjusted to me, to my spiritual ailments and enslavement.***

Some "effects" of this treatment lasted for several months, others last until today.

From my notes:

<i>"The following changes took place over the next 2-3 months:</i>	So far:
<i>- I have stopped cursing (I'm still not doing it)</i>	- I used to curse in every sentence
<i>- I have forgiven people who had wronged me (all), I'm unable to hate people or the world. I feel only compassion for wrong-doers, I pray for them</i>	- before I was unable to forgive
<i>- for about 2 months I had no dreams (nothing at all) at night</i>	- before I had nightmares almost every night
<i>- for around 2 - 3 months I felt in my chest as if I had an "empty" space, such a huge "hole", "empty space" of a large size, very tender around the edges, as if covered with burning, live wounds</i>	
<i>- for about 1 - 2 months I was very sensitive to sin, I saw it everywhere, even in ordinary life situations, through the "eyes of Jesus", in situations that I had not considered a sin</i>	- I had been unaware of the sins committed in everyday situations, I did not notice them
<i>- I still (24-07-2018) feel a great love for God, Jesus, the Holy Mother of God and the Holy Spirit</i>	- I had believed that there was some good power that helped other people, but not me. God was neutral to me.
<i>- the atmosphere in the apartment has changed. I don't feel anybody's presence here anymore, the TV does not turn on by itself anymore</i>	- I had felt like I wasn't alone in my apartment. The TV would turn on by itself. A few years ago, "something" tried to strangle me in my bed in the middle of the night.
<i>- as a result of what happened for about two to three months I could not remember anything bad that had happened to me in my life due to other people; it was completely blocked in my head, like a wall I could not pass through</i>	- before I kept thinking back to bad things that people have done to me
<i>- i realized that God is a millimetre away from us, is everywhere, sees and hears everything</i>	- I had thought God didn't notice I was born. He couldn't see or hear me.
<i>- for about 1-2 months I prayed almost all the time, out loud or in my mind, at home, at work, at the shop, etc.</i>	- before I couldn't pray to God. I did not remember the words of the Lord's Prayer and Hail Mary.
<i>-immediately after this event, for about 1 month nothing could upset me, I felt total peace, patience, joy, spiritual fullness and sufficiency. I felt like I was "high", I had slow reactions</i>	- I had been nervous, stressed out, impatient, argumentative
<i>- I felt that the "earthly" world was like the matrix, and that only that invisible world was the only real world</i>	
<i>- the moment this miracle happened to me, I could have abandoned this world. I could have forgotten about this world all together. I felt like I could float above the earth. I forgot about this world completely. I could have died at that moment just to feel that love and that bliss for eternity. I wasn't thinking about anything or anybody on earth, just to feel what I was feeling for ever. So that these feelings never disappear from my heart, soul and body. At that moment, I wanted to die and be THERE already.</i>	

<p><i>- from that moment on, I am afraid of only one thing: not to insult the Lord, who forgave me such things and who made me feel how much he loved me. With His help, I will never lose His love, I will not bring Him shame, I will not let Him down. With His help, I will do whatever He has destined me to do in my mortal life. May I back out or deviate from the path he has set for me. Amen.</i></p>	
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In that second something else was "explained" to me in my awareness. It's as if my awareness had been replaced with a new one. It's like it "cleared things up" in my head. This applies to all of humanity, to all of us.

That second, my eyes opened to the truth about **who we really are - as humans**. And the only **truth - the one and most important truth** for us as the human race - is **that we are only and exclusively the children of the Only God**, the Almighty. We're not civilized monkeys, we're much more important than that. I was made aware that we were born only for two purposes: to worship and love God, to pray to Him and to worship Him, and to love other people, to love each other. We forgot about it, but it's the truth. This truth has not changed since the first day that God created us, and our "amnesia" about this fact will never change this truth.

I want you to know that I'd never thought about anything like this before. This consciousness appeared in my head at that moment and has remained with me ever since. I had no idea about these things before. At that moment, it was a total revelation. It's as if somebody opened the door in my head. As if my consciousness had risen to a higher level. I can't explain it any other way. I felt that my consciousness had been "freed".

On that day I understood with all clarity that we were not created for such purposes as focusing on making a career, working hard to pay off a 30-year loan or opening as many bank accounts as possible. We focus on human affairs, with which we are wasting our time and forgetting our destiny. It was not God's plan on the day of creation and it isn't His plan now that you're reading it. **We've lost the meaning of our existence. We've completely forgotten who we are, you and I**, and for what life God created us. We have forgotten what life He offered us at the very beginning and what life He wants us to lead now, at this moment of our earthly life.

We're not living well, my dear parishioners. Man-made state systems contradict God's will. All systems, because right now none of them see the man as a being of superior importance e.g. over profit or efficiency. Meanwhile, the Earth was given to all of us without exception, because we are all equal in the eyes of God. We're human, and that's enough. We are a value in ourselves, because we were created in the likeness of God, we have His Spirit. Then why do we allow ourselves to be enslaved? After all, the almighty God, our Father who loves us infinitely and waits for us to return to Him, to remember who we are, what our great value and meaning is, and how we are to live. He wants to help us. He loves us all very much. **We don't have to fight for existence!**, push forward at any cost, we shouldn't let anyone make us believe that. It is enough for us to turn to the Father, live with dignity as His children, and He will take care of everything. **The end of the spiritual and every other kind of slavery!**

There is one God who has always loved us. We - people - are not gods, which today's world, ruled by Satan,

tries to make us believe. We people don't stand a chance with Satan. Only the true, the only God has power over him.

That is why Satan has convinced us that we are gods, that we should continue to lie and turn our backs on our only saviour. All we have to do is realize that we are not gods, we are creations. **We must return to the state of consciousness before original sin - erase hubris from our hearts.** We should become humble, just like the creation should be humble before its Creator. In times when Satan tries to convince us that we do not need God for anything, that we can decide for ourselves, that we can do everything, we should really recognize God as our only God. You have to give up your "I". We should ask the Holy Ghost what Jesus wants from us, waiting to hear the answer, and when it comes, do so. The Blessed Virgin Mary said: "Do whatever He tells you." That's all! Nothing has changed since the days of Mary and Jesus. That's how we're supposed to live. Completely put yourself, your ego, at the disposal of Jesus. Only then will we return to God, thus denying our rebellion, which was the original sin. We must completely surrender ourselves with trust in the Lord, trust in His will, because only He knows what is best for each of us and is driven by love for us. And that sounds like a cliché, but that cliché has been unchanged for centuries and is only true. **This truth will set us free - spiritually and then in every other dimension: social, material, etc.**

When it hit me, I remember that I couldn't help but talk to my mother all emotional: people need to know! We forgot who we are! That's not how we're supposed to live. That's not why we were born! We are slaves and we are not aware of this, but we are God's beloved children! By God's will by birth we are free, and the systems created by man enslave us, making one man an enemy and rival of another man! We fight for what doesn't matter, we waste time on what Satan gives us. **And we are only supposed to love God and people - that's the world God wants us to live in. He will take care of the rest,** because He is really our Father, our most beloved Father, who suffers as we see how we enslave ourselves and allow Satan to degrade us and others. God has fought so hard for us for centuries, and we don't give a damn about it!

That's more or less how it went. Aristotle must have experienced something similar when he shouted out "Eureka!" when he had his "revelation".

But all of that is the most sincere truth. Our God the Father really lives and He gave us freedom. He even lets us answer "no" to his requests. Blessed Father Jerzy Popiełuszko also said that freedom is within us. True freedom, given to us by God. It is the right to live in freedom from anger, from rivalry, from hatred, from fear of love, and the right to trust in God and others. True inner freedom that spills out from the soul of man in his thoughts, actions, words, his perception of himself and people around him, his surroundings. Wouldn't you like to live like this without fear, just happiness and freedom? It is not a utopia, it is the best option for us, supported by the will of God.

My heart hurts when I see people running faster and faster, working two jobs to make ends meet. We are slaves - sad but true. We have been divided. I think most of us see it, and every year it gets worse and worse with us. **It is time to wake up, understand the truth, turn to God and change this world into the kingdom of God, where there is no room for any evil!**

**God will make us strong again in unity, united by one Spirit with Him.** We will win the world by doing good. We will regain true happiness and peace in our hearts, families and homes.

**Everything starts in our hearts** - The kingdom of God or the kingdom of Satan.

We must conquer Satan in our hearts. **This is where the most important battle is fought.**

We have focused on getting as much from the world as possible for ourselves when we can have it "free" from God. We chase our tails and do not hear the voice of the Father saying that He will give us all that is best for us, but we must listen to Him. Listen to him, not your ego. We need to listen to his fatherly guidance for our life contained in the Decalogue, and He will take care of the rest. Let's trust Jesus to the end, let's go all in through our lives, let us follow the commandments of the loving Father, and everything around us will turn into His kingdom on Earth. If we stop looking for happiness on our own where there is no happiness, we'll finally be able to catch a breath.

## THERE'S NO MORE TIME TO WASTE. SATAN IS GETTING STRONGER AND STRONGER.

We must return to the Father who is just waiting to help everyone on this earth (just as he helped me).

### THE ROAD IS KNOWN TO US. ITEM 1 IS A SINCERE CONFESSION.

The Father always knows when we're lying, so why waste time on that? A lot of people are afraid of confession, but believe me, there's nothing to be afraid of. I remember my confession after a two-year break. It was so liberating. When you hear that the priest comforts you, he gives you absolution and says: "I forgive you for your sins, go in peace". Then Jesus was in that confessional, not the priest. It was His words I heard. Not a single word of reproach, just forgiving words, and like a soothing balm for my miserable heart. At that moment, I could have been floating with happiness if I was able to do that. The confessional is actually a door to another dimension. In that dimension, **Jesus, who wants to help you, awaits you.** He is not there to condemn you (even in the Bible there is probably not one mention of a time when he condemned someone who asked for help). He's there to set you free. He knows that we are sinners and certainly does not delude himself that after the confession we shall never sin again, although we should try to break up with sin. If we start treating Jesus as our coach on the way to holiness, the perspective changes immediately. Because He wants to cooperate with us, He wants to help us and lead us to holiness. He's not some kind of executioner or prosecutor. Satan is our accuser before God. Even when we stand before God after death, Jesus is our defender, not our accuser. He's fair, but he's also merciful. But every confession is an extension of the sacrament of baptism, a total purification. You don't have to go to a well-known priest, you can go to a priest you don't know, not to feel uncomfortable. But there is no other way to true happiness and freedom in truth. There is no other way to happiness forever. The day of my confession was a celebration in my heart. I felt like I'd come back from exile and wondered why I had waited so long to do so. Just like a prodigal daughter.

To those who have a very low opinion about themselves, who think that they no longer have a way back to God, that everything is lost, that it's too late, and so on. I was in the same place and I'm telling you there's a rescue, the one and only. It's confession. In my case, my confession began with my return to God, my healing and release, my way to this miracle. You know, it is Satan who tells you that you are worthless in the eyes of God, so that you feel not worthy of forgiveness, afraid of confession. The truth is that Jesus wants you to come to him because **He wants to save you** because you have incredible value in the eyes of God. You're his beloved child. And this is not some cliché slogan, it is the most real reality. **He's really waiting there,** in the confessional. Just **for you.** He wants to tell you that He loves you, that He forgives you. Every time He forgives us, out of love for us, because we have so much value as people. Man in God's eyes = the dearest child. I first felt this love during my confession after 2 years of absence from the church and then during that 1 second of my life. That unbelievable love, just love. Nothing on earth can compare to that. It was a physical experience as if someone bathed my soul and body in condensed love.

Luke 15, 1-10:

Now the tax collectors and sinners were all gathering around to hear Jesus. But the Pharisees and the teachers of the law muttered, "This man welcomes sinners and eats with them." Then Jesus told them this parable: "Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it? And when he finds it, he joyfully puts it on his shoulders and goes home. Then he calls his friends and neighbours together and says: «**Rejoice with me; I have found my lost sheep.** » **I tell you: that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.** Or suppose a woman has ten silver coins[a] and loses one. Doesn't she light a lamp, sweep the house and search carefully until she finds it? And when she finds it, she calls her friends and neighbours together and says: «Rejoice with me; I have found my lost coin. » In the same way, I tell you, there is rejoicing in the presence of the angels of God over one sinner who repents."

**MAYBE THAT IS WHY I GOT THE HELP FROM HEAVEN 9 DAYS AFTER CONFESSION.**

**IF YOU HAVE NOTHING TO LOSE ANY MORE - WHY WOULD YOU NOT TRY THIS, GO TO CONFESSION!**

Well, our sins are different. But do you think Jesus doesn't know about them already? So why prolong this ordeal? Don't suffer any more. Tell him what is bothering you and breathe freely, free from all burdens!

**MAN/WOMAN! YOU WERE CREATED FOR FREEDOM IN GOD, NOT FOR UNNECESSARY TORMENT! SO WHY DO YOU OBJECT TO YOUR NATURE? WHY ARE YOU SO TIRED AT YOUR OWN WISH?**

**REMEMBER: THE GREATER THE SINNER YOU ARE, THE MORE LOVE GOD WANTS TO OFFER YOU. DO YOU WANT PROOF OF THAT? WHAT ABOUT THE VOLUNTARY DEATH OF JESUS FOR YOU?**

**Jesus is a true warrior and a tough guy.** He took on a mission: he descended into the sinful world from his heaven, he - voluntarily - took the cross on his shoulders, carried it to the place of his execution in the midst of insults, lay down on the cross, let himself be nailed to it, and died for you! Son of God, second person from the Holy Trinity. And he did it by praying for you until the very last second.

What proof do you still need to believe in the **incredible value you have as a human being? It's enough that you are who you are. God loves you the way you are, He made you so. Every man is unique and special. We are all equal in the eyes of God.**

Each of us falls down and we will fall down, but the most important thing is not to get pulled away from God. **SATAN WILL TRY TO TELL YOU THAT GOD DOESN'T WANT TO DEAL WITH YOU ANY MORE, THAT YOUHAVE LET HIM DOWN, BUT THAT'S A VICIOUS LIE AND A DECEPTION. GOD ALWAYS LOVES YOU THE SAME,** not less and not more, because He couldn't love you anymore. And he's waiting patiently. He's really like an earthly father. Imagine the most loving dad on earth. How would he treat you? How would he take you into his home even if you did something wrong? Dad in heaven is identical, he is really our beloved dad and the most forgiving one - just like an earthly dad.

**IF SATAN DRAGS YOU DOWN THE WRONG PATH, WANTS TO DESTROY YOU, IT MEANS YOU'RE A THREAT TO HIM. HE IS AFRAID OF HOW MUCH GOOD YOU COULD DO, HOW MANY PEOPLE COULD GET AWAY FROM HIM.**

Anyway, you'll see how he really gets to work after confession, how the evil one will tempt you. But it's nothing, it's normal. When you get closer to God, the evil one wants to keep you. Even if you fall down again, run to the confessional again. Again and again. As many times as necessary. That's what I do now. Even when Jesus fell under the weight of the cross, He rose again.

He told us to follow in his footsteps exactly. When I sin, I say to myself: "God has shown me that he loves me so much", I go to confession, I apologize to Dad for everything and again I can enjoy Life. He loves us all so much, not only me, but every man on Earth.

**When you start to understand it and see that evil wants to get you again, you feel temptation, don't worry. That means you've come close to God. THE DEVIL DOES NOT TEMPT THOSE WHO ARE ALREADY IN HIS HANDS, BUT PUTS THEIR CONSCIOUSNESS TO SLEEP AND LETS THE UNCONSCIOUS SINNERS LIVE OUT THEIR LAST DAYS IN A STATE OF SIN.**

**If you find that you have no sins, pray to the Holy Spirit for the gift of godliness.** The Holy Spirit will show you your sins for your sake. Don't worry, it's nothing terrible. It was Satan who hid them from you so that you could be one of the "unaware". Do you like it when someone deceives you? **SATAN IS A FRAUD. JESUS WANTS TO GIVE YOU TRUE FREEDOM IN TRUTH, AND COURAGE. HE WANTS TO FORGIVE YOU, NOT ACCUSE YOU. HE'S THE OPPOSITE OF SATAN. THAT'S HOW IT IS.**

Matthew 12, 15-21:

Aware of this, Jesus withdrew from that place. A large crowd followed him, and he healed all who were ill. He warned them not to tell others about him. This was to fulfil what was spoken through the prophet Isaiah: "Here is my servant whom I have chosen, the one I love, in whom I delight; I will put my Spirit on him, and he will proclaim justice to the nations. **He will not quarrel or cry out; no one will hear his voice in the streets. A bruised reed he will not break, and a smouldering wick he will not snuff out, till he has brought justice through to victory. In his name the nations will put their hope.**"

**JESUS IS MY AND YOUR GREATEST PROTECTOR, LET US TRUST HIM, HE WILL ALWAYS PICK US UP – HE WILL FORGIVE AND GUIDE US.**

**HE'S THE ONLY WAY AND THE SAFEST WAY. BUT WE HAVE TO BE CALM AND TRUSTING TO DO ANYTHING HE TELLS US. THEN SATAN WILL NOT DEFEAT US TODAY OR NEVER.**

**JESUS RESISTED ALL TEMPTATIONS AND DEFEATED DEATH. NOW HE WANTS TO GUIDE US.**

**This is why there are confessionals to continue to pose a threat to Satan and to be a partner of God in the fight for true freedom and happiness - the happiness of us, our families, our children's happiness.**

## **CONFESSIONALS ARE THERE FOR US - SINNERS AND SAINTS**

So this is mine and maybe your best, safest place on earth. That's where we are freed from captivity. **It's a gift from God.** AND IT ALSO LETS PRIESTS FEEL NEEDED ☺

From that day on, when God changed my life, I started going to confession regularly. Currently I go to confession every week or every two weeks. I'm very careful not to move away from God again. I see how the Evil One, through the actions of other people under his influence, wants to constantly prove to me that I am a sinner. Because I am. But in my heart and memory I still have that 1 second when Dad said and let me feel how much he loves me. I will never let Satan take me away from this Truth again. I will never let this truth be erased from my memory again. Anyway, there's no other way for me now. Without Dad in Heaven, I will be lost. In the Gospel of St. Matthew 12, 43-45 it is written:

“When an impure spirit comes out of a person, it goes through arid places seeking rest and does not find it. Then it says, ‘I will return to the house I left.’ When it arrives, it finds the house unoccupied, swept clean and put in order. Then it goes and takes with it seven other spirits more wicked than itself, and they go in and live there. And the final condition of that person is worse than the first. That is how it will be with this wicked generation.”

That is why, after healing and release, you cannot leave your heart "unoccupied". That is why Jesus must be introduced to the heart in the form of the Eucharist. When He lives in your heart that has been swept clean and put in order, demons will not return to it.

The state of sanctifying grace after confession is more addictive than any other substance. Nothing can be more addictive to a person, light him up from the inside and from the outside. It's unearthly joy and freedom. That's why it's so addictive. You stop being afraid of the truth about yourself because you believe in the love of God and His mercy. What should you be afraid of if God, your Father, who loves you faithfully and infinitely, and for whom nothing is impossible, has got your back?

We were baptised and brought up in the Catholic faith, and faith in the One and Only God is not a faith for wimps. We are warriors of God, brothers and sisters. God's warriors in the fight against evil Satan, who still wants to make God believe that we're worth nothing. He does this by turning us - people - against one another, against God and God against us. In general, he wants to divide us all up. God doesn't let himself be persuaded to do so, because he knows what kind of people he created us to be. **GOD KNOWS WE'RE NOT THE BAD ONES. HE KNOWS THAT FROM THE TIME OF ORIGINAL SIN WE ARE UNDER THE INFLUENCE OF THE SOURCE OF EVIL - SATAN. GOD BELIEVES IN US** and goes out halfway down the road to meet us. He gave us free will (he loves us so much that he does not force us to do anything), so He lets us decide whether we want to walk our half of the way to Him. **WE SHOULD BELIEVE IN HIS** and listen to him. He's been fighting for us for centuries. Let us walk the other half of the way to meet him and finally overcome Satan together with God, side by side. Often, instead of helping, we make it difficult for God to fight for us. **FORTUNATELY HE'LL NEVER GIVE UP ON ME OR YOU.** He's just waiting for a sign from you. He'll take care of the rest. He'll defeat evil. **HE'S OUR FATHER AND WE'RE HIS SONS AND DAUGHTERS.** No father will leave a child in need, let alone God the Father, who is Love, three times holy, Satan's enemy, the Father whose children are suffering.

Once we have confessed, we must persevere for as long as possible without sin. Our greatest rescue in the continued fight is participation in holy masses (as often as possible) and receiving the Eucharist, the second greatest weapon is the Holy Rosary, the third one is reading the Bible, and the fourth one is entrusting ourselves to Jesus through Mary's hands. Also, fasting has great power. Fasting can stop God's punishments.

#### PARTICIPATION IN MASS AND RECEPTION OF THE EUCHARIST

Catalina Rivas, a mystic, testifies of what exactly happens during the Mass, as it was revealed to her. It's described in "The Mystery of the Holy Mass". I'll just say it's amazing. During the Mass, the two worlds - the visible and the invisible one - begin to permeate each other. When you read Catalina Rivas' testimony, you will never be bored at Mass again.

The Eucharist was given to us by Jesus himself during the last supper. It erases our light sins. It should be taken preferably every day, and as a last resort, once a week. Whoever accepts it with faith that it is the body of Jesus Christ will receive eternal life. Jesus, who always tells us the truth, said it himself.

John 6, 32-65

Jesus said to them: "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world." "Sir," they said, "always give us this bread." Then Jesus declared: "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. But as I told you, you have seen me and still you do not believe. All those the Father gives me will come to me, and whoever comes to me I will never drive away. For I have come down from heaven not to do my will but to do the will of him who sent me. And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day." At this the Jews there began to grumble about him because he said, "I am the bread that came down from heaven." They said: "Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I came down from heaven'?" "Stop grumbling among yourselves," Jesus answered. "No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. It is written in the Prophets: 'They will all be taught by God.' Everyone who has heard the Father and learned from him comes to me. No one has seen the Father except the one who is from God; only he has seen the Father. Very truly I tell you, the one who believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world." Then the Jews began to argue sharply among themselves, "How can this man give us his flesh to eat?" Jesus said to them, "Very truly I tell you, 'Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. For my flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in them. Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.'" He said this while teaching in the synagogue in Capernaum. On hearing it, many of his disciples said, "This is a hard teaching. Who can accept it?" Aware that his disciples were grumbling about this, Jesus said to them, "Does this offend you? Then what if you see the Son of Man ascend to where he was before! The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit and life. Yet there are some of you who do not believe." For Jesus had known from the beginning which of them did not believe and who would betray him. He went on to say, "This is why I told you that no one can come to me unless the Father has enabled them."

#### PRAYING THE HOLY ROSARY

The rosary is a powerful weapon in the fight against Satan. Some people find it helpful to recite one tenth of the rosary, others one part, and others (like me) the whole rosary. I try to recite it every day.

The devil hates the Blessed Virgin Mary and is afraid of rosary prayers. Did you know that the rosary has 150 beads with which we say the prayer "Hail Mary". This is the same as the number of kilometres Mary walked with Jesus in her womb right after the Annunciation, to visit her relative Elizabeth and bless her and St. John the Baptist. Every bead brings us closer to Mary. I felt many times when I prayed the whole rosary that Mary appeared next to me when I was praying the third part (around its half or towards the end). I feel this often, especially if I really focus on the prayer and stay focused to the end. Only when she is beside me I am not afraid that Satan will make me sin. Satan often does this by surprise when I lose my vigilance for a second, or by deception. You always have to be vigilant, because you don't know whether in a second someone close to

you or a stranger will use you to induce you to sin, such as revenge, bad word or thought, loss of faith. YOU ALWAYS HAVE TO BE VIGILANT.

The Rosary is a powerful shield and a weapon given to us - people for the final battle that is currently being fought against Satan. Mary, who will overcome Satan, calls us all to pray the rosary every day!

During the exorcisms held over Anneliese, Michel, the demon, when asked what he was most afraid of, spoke out: "the rosary because it is a powerful weapon against Satan and all demons." Satan admitted that the rosary crushes him. During the exorcism, he was screaming: "Take it off, take it off, can't you see it's crushing me? My guts are coming out of me!" Another demon at the sight of a rosary said: "That damn chain with the cross at the end."

St. Padre Pio of Pietrelcina said: "Satan seeks to destroy this prayer, but he will never succeed: this is the prayer of the One who triumphs over everything and everyone. It was she who taught us this, just as Jesus taught us Lord's Prayer".

During an exorcism, Satan says: **"If you all knew him, I would be destroyed in a split second."**

We have such a weapon in our hands, and a lot of people don't use it! Nothing will happen on its own. Let us help Mary and help ourselves! Let's grab rosaries and go into battle! Let us chase Satan away from us and our families; let us chase him away from this planet. Let us show him what we can do and let's not allow him to take over our souls and the whole world. Let's not allow him to play with us like some submissive puppets. After all, we are who we are - the children of the Almighty God. We should walk with our heads high, and not be led by that loser. Meanwhile, he's playing with us just like he wants to. Let's show him where he belongs. The more of us pray, the faster he will be defeated. We are stronger with Mary. **THERE IS NO MORE POWERFUL PRAYER THAN THE PRAYER OF THE ROSARY EXCEPT FOR THE HOLY MASS.**

#### READING THE SCRIPTURES AND TRUSTING THE WORD

The words of the Scriptures heal all sicknesses of the soul and body. Jesus is the Word. Jesus is the Word that heals and frees you from evil, just as He did during His life on earth.

**Matthew 8:16** "When evening had come, they brought to Him many who were demon-possessed. And He cast out the [evil] spirits with a word, and healed all who were sick".

**Matthew 9:35** "Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness".

Scripture is like a chat between us and Jesus. You ask a question. You open the Bible on a random page. You read Jesus' answer. That's it. That's how it is. Let us ask Jesus about everything we have in mind. He is truly alive, and the Scripture is His messenger with us.

Satan will do anything so that we do not read Jesus' words, because he knows that they restore our dignity and tell us how to break out of the satanic loop. Satan hates the Scripture. He's afraid of It. He is afraid of the truth in the Scriptures. He's afraid we'll find out the truth about ourselves. Think about it for a second. If he who degrades, oppresses and poisons our hearts with evil, fears that we will do something, then this is exactly what we should do! Even if we do not understand everything that is written, we must read it in spite of Satan. A day will come when we will understand. It is good to ask the Holy Spirit beforehand to help us understand

what we read. **Jesus never lied to us and never lies to any of us. He's the whole Truth.** The opposite of Satan, the liar.

But this is just the beginning of the road. Mary in Cana, before the transformation of water into wine, said: "Do whatever He tells you". Once we have "heard" Jesus' answer about what we have to do to solve our problem, we have to do everything we can. We must not change anything in our own way. Everything must be done exactly as he told us. Then our problem will be solved. We usually have our own plan for life, including for dealing with obstacles. But the next time you have a problem, trust in this "method", leave it to Jesus, let Him manage the whole situation. You will see that He will lead you through this labyrinth of problems with master precision. **BUT YOU HAVE TO TRUST HIM TO THE END AT EVERY STAGE OF THE PROCESS.** Even if you had a different idea in your head. He won't let you get hurt. He's our best friend. If you trust an earthly friend, you can trust Jesus all the more. He'll never leave you with your problem. He promised us that himself.

And the proof of that is His own words. Jesus dictated them to Father Dolindo Ruotolo in the 1940's. "Your prayers are not as significant as this act of trusting in Me, remember it. There is no more effective novena than this one: >>Oh Jesus, I surrender myself to you, Jesus, take care of everything<<. When you see that things are getting complicated, recite the prayer in your soul with your eyes closed: >> Jesus, take care of everything! <<Do this all of you and you will see great continual silent miracles".

Jesus also told us to say these words: "Why do you confuse yourselves by worrying? Leave the care of your affairs to me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to me produces the effect that you desire and resolves all difficult situations. Surrender to me does not mean to fret, to be upset, or to lose hope, nor does it mean offering to me a worried prayer asking me to follow you. Surrender means to placidly close the eyes of the soul, to turn away from thoughts of tribulation and to put yourself in my care, so that only I act. Saying You take care of it. It is against this surrender, deeply against it, to worry, to be nervous and to desire to think about the consequences of anything. It is like the confusion that children feel when they ask their mother to see to their needs, and then try to take care of those needs for themselves so that their childlike efforts get in their mother's way. Close your eyes and let yourself be carried away on the flowing current of my grace; close your eyes and do not think of the present, turning your thoughts away from the future. Repose in me, believing in my goodness, and I promise you by my love that if you say: >>You take care of it<< I will take care of it all; I will console you, liberate you and guide you. And when I must lead you on a path different from the one you see, I will prepare you; I will carry you in my arms; I will let you find yourself, like children who have fallen asleep in their mother's arms, on the other bank of the river. What troubles you and hurts you immensely are your reason, your thoughts and worry, and your desire at all costs to deal with what afflicts you".

These are the words of Jesus himself! So let us do as He tells us! Let us trust him with our problems. Let's put our problems on His shoulders. He can handle them. Let us believe Him and let Him guide us safely and to the best target for us.

Let us repent and believe in the Gospel. Let us change our way of thinking about ourselves, God and others, let us stop being afraid and let us believe Jesus to the end. **Jesus wants us to finally stop being afraid of being good. Because that's how we were created - good. He wants us to see that our God the Father is good and created a good world for us.** If we believe the words of the Gospel, live according to them, we must not be afraid of anything, Jesus will grab our hand and guide us where we can do best. Eventually to the Kingdom of Heaven.

**All Jesus asks is that we believe Him** that He loves us and He will never leave us on our own halfway down the road. **Jesus asks for our trust.**

#### ENTRUSTING ONESELF TO JESUS THROUGH MARY

Mary will defeat Satan in the last days. She has received this mission from God. Satan, unable to do anything wrong to Mary because she is the Immaculate One, will attack us, her children. In such a situation, the safest place for us would be by Mary's side. St. Louis Mary Grignion de Montfort created a programme that prepares us for the act of entrusting ourselves to Jesus through Mary. In this way, we surrender ourselves to Jesus in the bondage of love. **Satan will do anything he can to keep you from believing.** I experienced this myself, during the prayers recited within the programme and on the very day of signing the act. He didn't let go until the last minute, using other people. **Only with Mary will we be safe and Satan knows it.**

#### THE WAR IS ON NOW AND IT'S NOT FOUGHT ON THE STREETS.

**THE MOST IMPORTANT BATTLE IS IN OUR HEARTS AND FOR OUR HEARTS.** Our free and good hearts are the only thing Satan wants to destroy in us. Let us **DEFEND THEM AT ANY COST**, even if we lose everything in the eyes of the world that is temporal and really meaningless.

Our goal is something priceless - salvation. **SATAN STILL WANTS TO PROVE TO GOD THAT WE DON'T DESERVE SALVATION.** Let's not lose our chance for eternal happiness.

None of us is allowed to be an enemy to another human being, **SATAN IS OUR ENEMY, NOT ANOTHER MAN.** Even a man under the influence of Satan is not our enemy. We need to see further, to see with our hearts what is hidden from our eyes. The real enemy is invisible to our eyes.

**SATAN IS SHOWING US A FALSE IMAGE OF ANOTHER MAN.** He puts untruth in our heads, he tells us opinions about other people in our thoughts, he injects into our hearts a lack of trust in other people, about whom we often know nothing. Satan gives us false scenarios of events, e.g. that someone will hurt us or deceive us, that someone will misjudge us. He's trying to force us to judge another man right away. By using a lie, he wants to divide us right away. In truth, only God knows us. We ourselves don't know the whole story of another man. Let us never judge anyone! When you feel in your heart that you are beginning to judge someone, it means that Satan is attacking **you**. Then pray that the demon does not break through to your heart.

**LET US FORGIVE OURSELVES AND OTHERS. IT'S THE MOST IMPORTANT THING.** Otherwise, we'll be in line with Satan - the accuser of man. The lack of forgiveness in your heart is Satan in your heart. If we can't forgive, let us pray that this gift is given to us. I'm sure it will. God wants us to have hearts full of forgiveness, so He will listen to us. The man who hurts us is **ONLY** a submissive tool in Satan's hand. Haven't you ever been such a tool? If at least once you've been forgiven, you should forgive too.

**Matthew 18,21-22** Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, Jesus answered, "I tell you, not seven times, but seventy-seven times. "

**Jesus says that we must ALWAYS forgive!** This is not because we do not want to harm another person (although it is also very important, because we are responsible for each other), but because we do not want to harm ourselves. If we do not forgive, at this point we become a co-worker of Satan - the accuser of the human race before God. Satan is our enemy, not that man - the same sinner as us. If we do not forgive, it is as if we are giving Satan material for further accusations against us before God. Satan wants to prove to God that you are worth nothing because you cannot forgive. This man, who is used by Satan, is only a tool for you to reveal

your sinful nature in retaliation. With your own hands, your lack of forgiveness he wants to bring you down. It's all Satanic treachery. That's how you weave a whip to be used against yourself.

Satan wants to divide us, make us argue, and we have to stick together against him. We have to fight for each other. Due to our human nature, we feel a rebellion in us. We want to defend ourselves by attacking another human being. We must "break" this pattern of conduct. We defend ourselves by defending that man from Satan's attack. **Satan is between us. He's our only enemy.** You have to say "ENOUGH!", stop and not give the devil any satisfaction. At the moment of attack from another human being, you have to start praying immediately for the one who is hurting us in order to cut off Satan's path to his heart. **THAT'S WHAT WE SHOULD ALWAYS DO TOWARDS PEOPLE WHO DO US WRONG. TO GIVE TO GOD EVERYTHING THAT COMES FROM THAT DIMENSION.** Let him - our Father - take care of that. We can only pray. We can forgive immediately. There's no other way.

Jesus advised Sister Faustina: "After the bitterness you have suffered, think what good you can do to the person who inflicted the suffering on you". **Blessing breaks the curse.** It destroys the evil Satan wants to poison **your** heart with. We must not respond with evil to evil. Someone is hurting you - bless him, pray for him. Put this man under the protection of God. May God deal with his demons so that they don't rule that man. Show Satan that you will not continue this wave of evil. Stop this wave with a blessing. Don't let Satan be glad he came into your heart. And remember, Satan doesn't give up so easily. He will come back, but he will not win your heart if you forgive 77 times, i.e. always. You don't have to be afraid to forgive. God loves you so much. You're his beloved child. He can see and hear everything. Let this awareness give you strength and remove doubts in times of struggle.

No matter how hard we try, there will be a downfall, because we are all infected with evil. We may have a bad response to another human being. We can be both tormentors and victims. And so evil circulates between us. **BUT LET'S NOT LET EVIL CONTROL OUR HEARTS! If we fall, it is then necessary to receive the Eucharist or go to Holy Confession (obligatory and as soon as possible in case of grave sin).**

**YOU HAVE TO STAY VIGILANT ALL THE TIME.** In case of an attack, we cannot respond with aggression or defence, we must pray for that man with a demon in his heart. It's that demon that's attacking us. When we fend off his attack let's not lose our vigilance, a second later the same or different one may try to approach us from another side. **Satan is very patient and has known us all our lives.** He knows how we can react in a specific situation, he knows our weaknesses, our "hot spots". We, too, must be patient and persevering, let us not give up, let us not yield to impatience. Let us give everything in our thoughts to God. Let us pray for ourselves and for another man to the Blessed Virgin Mary and St. Michael the Archangel, let us call on the name of Jesus. It also helps to quote a freely chosen Scripture verse. We must sympathize with our tormentor who is unaware that he is under the influence of a demon. Every one of us falls. No wonder, because we're constantly being attacked by demons. **Each of us deserves the sympathy of those we've hurt.**

**LET'S RADICALLY OBSERVE THE DECALOGUE.** If we feel that any sin is rooted in our own heart, let's start a war against it. There is no alternative on this! Every single sin must be plucked from the heart like a weed. If we are still confessing the same sins, it means that we have not fulfilled the 5th condition of Confession – the Atonement to God and another human being. Until we do so, our sins will be repeated.

**LET US WATCH OVER THE PURITY OF OUR HEARTS EVERY DAY, SO THAT SATAN DOES NOT HAVE A WAY TO TRICK US.** He sees and hears everything, and will use our sin against us at the least appropriate time for us. Let us purify ourselves in the sacrament of Penance and Reconciliation. **Purity = freedom and lack of fear.**

**WE ARE CREATED FOR GOOD AND FOR FREEDOM OF HEART. LET NO EVIL POISON OR ENSLAVE IT.** It is not an easy battle, but whoever perseveres to the end in keeping God's commandments, does not lose hope and believes in Jesus' mercy, will be saved.

**POPE JOHN PAUL II CALLED OUT TO US: "DO NOT BE AFRAID, OPEN THE DOOR TO CHRIST."**

**LET US LISTEN TO HIS WORDS AND OPEN THE DOOR OF OUR HEARTS TO JESUS. LET HIM RULE IN OUR HEARTS. LET OUR HEARTS BE UNITED WITH HIS HEART. IT'S OUR ONLY SALVATION.**

**GOD IS WITH ALL OF US IN ONE HOLY SPIRIT.**

I love you all. I had never expected such experiences in my life. I realized that it was all shown to me "for a reason". I realized I couldn't keep it all to myself anymore. I want, and I think God wants us all to know the truth. We all deserve to know the truth. **WE HAVE A RIGHT TO KNOW WHO WE REALLY ARE AND WHAT WE REALLY ARE. THERE'S THE DESIRE FOR GOODNESS IN US.** The same Truth Jesus told us when He walked on our Earth.

**Let us repent and believe in the Gospel. May desire for the good "embedded" in us change this world.**

**If you feel this truth in your hearts, share it with others. We all deserve it. Please, pass this testimony on. This is a testimony of us.**

**Dorota Kępa**